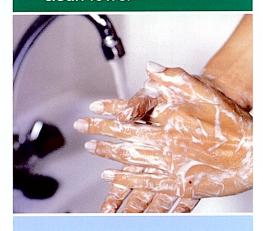
How to Wash Your Hands:

- 1. Run your hands under warm water
- 2. Lather hands with soap
- 3. Rub hands together for 20 seconds (sing your ABCs or count to 20)
- 4. Rinse hands under warm water
- 5. Dry hands with a clean towel



Handwashing Habits

When should I wash?



After using the bathroom



Before eating



After touching a pet or animal



After you cough or blow your nose



After playing outside

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